

DCPS Elementary School Lunch Menu



	MONDAY 9/3/2018	TUESDAY 9/4/2018	WEDNESDAY 9/5/2018	THURSDAY 9/6/2018	FRIDAY 9/7/2018
Favorites	NO SCHOOL	Breakfast for Lunch: Boiled Egg, Turkey Sausage, & Maple Pancakes	Turkey Chili	BBQ Chicken Drumstick w/ Rice Pilaf	Turkey Macaroni
Side			Whole Grain Honey Corn Biscuit	Wheat Dinner Roll	Garlic Knot
Creations		Hot Turkey & Cheese Sandwich	BBQ Burger w/ Coleslaw	Garden Burger^v	Jamaican Jerk Chicken Pizza or Cheese Pizza^v
Grab & Go		Sunbutter & Jelly Sandwich^v	Hummus & Veggie Wrap^v	Hearty Garden Salad^v	Classic Chef Salad
Side				Wheat Dinner Roll	Wheat Dinner Roll
From the Field		Sweet Potato Wedges	Collard Greens	Mashed Potatoes	BBQ Baked Beans
FRUITS	<i>Garden Bar: Mixed Salad Greens, Cherry Tomatoes, Corn, & Baby Carrots</i>				
		Fresh Apple Slices	Fresh Cantaloupe Cubes	Fresh Banana	Fresh Strawberries
		Diced Peaches	Mixed Fruit Salad	Applesauce Cup	Diced Pears
Milk	Nonfat & 1% White Milk				
NOTES	<i>Menu Items highlighted in green include local produce. Entrée options followed by ^v indicate vegetarian option.</i>				
Special Events					

DCPS Elementary School Lunch Menu



	MONDAY 9/10/2018	TUESDAY 9/11/2018	WEDNESDAY 9/12/2018	THURSDAY 9/13/2018	FRIDAY 9/14/2018
Favorites	Oven Baked Lasagna Roll ^v	Spaghetti w/ Turkey Meatballs	Chicken Nachos	Buffalo Chicken Drumstick	Breakfast for Lunch: Cheesy Omelet & Pancakes ^v
Side	Breadstick	Breadstick		Whole Grain Honey Corn Biscuit	
Creations	Grilled Chicken Sandwich	Turkey Pepperoni or Cheese Pizza ^v	Traditional Cheeseburger	Alaskan Pollock Banh Mi Sandwich	Meatball Sub Sandwich
Grab & Go	Chicken Caesar Salad	Chicken Salad Sandwich	Hearty Garden Salad ^v	Sunbutter & Jelly Sandwich ^v	Chicken Dipper Salad
Side	Wheat Dinner Roll		Wheat Dinner Roll		Wheat Dinner Roll
From the Field	Roasted Ginger Kale	Citrus Glazed Carrots	Mexican Black Beans	Roasted Kale & Sweet Potatoes	Roasted Potatoes
FRUITS	<i>Garden Bar: Mixed Salad Greens, Cucumber Slices, Cherry Tomatoes, & Baby Carrots</i>				
	Fresh Apple	Orange Smiles	Fresh Banana	Fresh Nectarine	Fresh Cantaloupe Cubes
	Chilled Peaches	Applesauce Cup	Chilled Pears	Chilled Peaches	Applesauce Cup
Milk	Nonfat & 1% White Milk				
NOTES	<i>Menu Items highlighted in green include local produce. Entrée options followed by ^v indicate vegetarian option.</i>				
Special Events					

DCPS Elementary School Lunch Menu



	MONDAY 9/17/2018	TUESDAY 9/18/2018	WEDNESDAY 9/19/2018	THURSDAY 9/20/2018	FRIDAY 9/21/2018
<i>Favorites</i>	Southwest Blackbean Nachos^v	Thai Lemongrass Chicken	Turkey Tacos	BBQ Chicken Drumstick w/ Rice Pilaf	Chicken Alfredo Macaroni
Side		Brown Rice			Wheat Dinner Roll
<i>Creations</i>	Turkey Burger	Veggie Fried Rice^v	Cheese Quesadilla^v	BBQ Burger w/ Coleslaw	Turkey Sausage or Veggie Pizza^v
<i>Grab & Go</i>	Lift-Off! Spinach Salad^v	Egg Salad Sandwich^v	Tuna Salad Sandwich	Greek Salad^v	Chicken Dipper Salad
Side	Wheat Dinner Roll			Tortilla Chips	Wheat Dinner Roll
<i>From the Field</i>	Seasoned Potato Wedges	Sesame Carrots	Roasted Corn	BBQ Baked Beans	Mixed Garden Vegetables
FRUITS	<i>Garden Bar: Mixed Salad Greens, Cherry Tomatoes, Baby Carrots, & Indian-Style Chickpeas</i>				
	Orange Smiles	Fresh Cantaloupe Cubes	Fresh Apple Slices	Fresh Banana	Fresh Apple
	Applesauce Cup	Chilled Pineapple	Mixed Fruit Salad	Chilled Pineapple	Mixed Fruit Salad
Milk	Nonfat & 1% White Milk				
NOTES	<i>Menu Items highlighted in green include local produce. Entrée options followed by ^v indicate vegetarian option.</i>				
Special Events					

DCPS Elementary School Lunch Menu



	MONDAY 9/24/2018	TUESDAY 9/25/2018	WEDNESDAY 9/26/2018	THURSDAY 9/27/2018	FRIDAY 9/28/2018
<i>Favorites</i>	Glorious Macaroni & Cheese^v	Jamaican Jerk Chicken Bowl	BBQ Turkey Nachos	Sweet & Sour Chicken w/ Vegetables	Chicken Parm Pasta
Side	Garlic Knot	Brown Rice		Brown Rice	Breadstick
<i>Creations</i>	Turkey Sloppy Joe	BBQ Chicken Drumstick w/ Spanish Rice	Chipotle Chicken Sandwich	Traditional Hamburger	Turkey Sausage or Cheese Pizza^v
<i>Grab & Go</i>	Lift-Off! Spinach Salad^v	Hummus & Veggie Wrap^v	Hearty Garden Salad^v	Sunbutter & Jelly Sandwich^v	Chicken Dipper Salad
Side	Wheat Dinner Roll		Wheat Dinner Roll		Wheat Dinner Roll
<i>From the Field</i>	Roasted Kale & Sweet Potatoes	Jerk Lentils	Sweet Potato Wedges	Asian Veggie Blend	Parmesan Roasted Broccoli
FRUITS	<i>Garden Bar: Kale Salad, Cherry Tomatoes, Baby Carrots & Corn</i>				
	Orange Smiles	Fresh Cantaloupe Cubes	Fresh Banana	Fresh Apple	Orange Smiles
	Mixed Fruit Salad	Chilled Peaches	Applesauce Cup	Diced Pears	Chilled Peaches
Milk	Nonfat & 1% White Milk				
NOTES	<i>Menu Items highlighted in green include local produce. Entrée options followed by ^v indicate vegetarian option.</i>				
Special Events					