

# Join Miner Elementary and the Miner PTO for



Questions?  
See Mr. Robinson,  
Health & Physical  
Education Teacher  
for all the details

WEEK: April 23-26, 2018

## Monday, April 23

After-Breakfast Stretching & Exercise w/Students

## Tuesday, April 24

Student, Family, & Staff Yoga Night

(5:00 PM – 6:00 PM in the gym - healthy snacks, bottled water & yoga mats provided)

## Wednesday, April 25

Student Morning Mindfulness Meditation Groups  
K – 5 Lunchtime Taste Test with Cultivate the City

## Thursday, April 26

Student Health & Wellness Q&A - Prizes & Giveaways!  
“Head-to-Toes” Student, Family, & Staff Fitness Night  
(6:00 PM – 7:00 PM in the gym - healthy snacks, bottled water & exercise mats provided)

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